

The best ideas don't come from reason but from a lucid visionary folly.

Lunch: restaurant closes at 4pm.

The last order for desserts and digestives must be placed strictly by **3.30 pm**

On Sundays the hours are extended by 30 minutes.

Dinner: local closing by 1am.

The last order for desserts and digestives must be placed strictly by **00.00**.

Cured meats

Hams

Charcuterie tasting	
Portions of about 100 g recommended for two people	
Le rarità (for two people)35	€

Mangalica pig head sausage	16€
Mangalica mortadella	10 €
Smoked baked ham Macelleria Cillo	12€
Goose speck	

Japanese Wagyu Bresaola50 €

Cecina de leon	
Premium 18 months	24 €
Graziano's Parma ham	
30 months	16€

Jamon Iberico de Bellota

Ibèricos Montellano - Salamanca

Quality, flavour, tradition, health are the fundamental principles on which Montellano's work is based.

Montellano is one of the companies with the most experience and prestige in the sector, for over four generations they have carefully selected the raw material and all the manufacturing processes are carried out by hand.

Located in the province of Salamanca, at an altitude of 800 metres, Montellano ages its hams and other products in natural dryers where they acquire all the flavor and characteristics that make Iberian cured meats unique.

Jamon de Bellota 100% lb	erico Pata Negra
Salamanca	45 €

Ibèrico Puro Maldonado - Extremadura

Maximum expression of the Iberian tradition, coming from the pastures of Extramadura, an ideal ecosystem for the conservation and breeding of 100% Iberian pigs. These pigs, which represent only 2-3% of the Iberian species, are fed almost exclusively on acorns, and have an area of approximately 2 hectares of land in which they graze freely. Equipped with an intense red color, brilliant due to the effect of intramuscular fat, which gives it the characteristic greasiness due to the acornbased diet. On the palate it presents an intense and persistent flavour, characterized by extreme meltability. A unique experience.

Jamon de Bellota	100% Iberico	Pata Negra
Extremadura		45 €

Cheeses

Jams, compotes and honey	Ioma di Pietro (cow milk)
are served on request.	Fattoria Savoia
French cheese tasting	Parmigiano Reggiano 60 months
5 types	(cow milk)13 €
3 Types	Sweet Gorgonzola (cow milk)8€
French cheese	. ,
	Blue of the Moncenisio (cow milk)8 \in
Brillat-Savarin (cow milk)8 €	Blue Jersey cow (cow milk)
Epoisses (cow milk)8 €	Caseificio Aurora9 €
,	
Reblochon (cow milk)	Gran Sardo (sheep's milk)11 €
Comte (cow milk)11 €	Stravecchio Sardinian Pecorino
	(sheep's milk)
Roquefort (sheep's milk) blue cheese 12 €	
Italian cheese tasting	Aged fior di capra (goat milk)
nullan cheese lasting	Bianco capra (goat milk)
3 types	Caseificio Aurora
4 types	Goat Blue (goat milk) blue cheese
5.1	Caseificio Aurora
5 types13 €	
Italian cheese	Consideration beauty
	Special cutting boards
Buffalo mozzarella (buffalo milk)	
Caseificio Tenuta Bianca	Caseificio Aurora cutting board
Tomaccia di bufala with red fruits	by Paolo Amato
Caseificio Aurora (buffalo milk)10 €	
5	Paolo Amato cutting board15 €
Ripe buffalo stracchino with lavender Caseificio Aurora (buffalo milk)11 €	Ripe buffalo stracchino, goat square, buffalo Tomaccia,
Casellicio Autora (portato Hilik)	white goat cheese, Jersey Blue
Linusal (primo sale with flax seeds) (cow milk)	Caseificio Savoia cutting board
Fattoria Savoia	
Coming group and Compine grows the 1	Savoia cutting board12 €
Semi-seasoned Caciocavallo (cow milk) Fattoria Savoia7 €	Primo sale, stracchinata caciotta, toma di Pietro,
7 €	Caciocavallo aged 8 months (exclusive to MOOD- best Pezzata Rossa cheese of Italy 2019)
Stracchinata caciotta (cow milk)	,
Fattoria Savoia	

Appetizers

Contains: fish, milk derivatives, gluten, sulphites

First courses

Beef tartare with mushrooms, truffle, crispy	<u>NEW</u>
porcini mushrooms and mustard	Tagliolini with Normandy butter and
Contains: mustard	prized black truffle from Bagnoli Irpino25 €
	Contains: gluten, milk derivatives, egg
Beef tartare with Cantabrian anchovies,	
and chicory tips16 €	Candele alla Genovese with Montoro onions,
Contains: fish, soy	beef and cacioricotta16 €
	Contains: gluten, milk derivatives
Beef tartare, oil and Maldon salt12 €	
	Homage to Ragù18 €
<u>NEW</u>	Mafalde with real Neapolitan ragù
Pork belly with grilled fennel	with cacioricotta
and BBQ sauce	Contains: gluten, milk derivatives
Contains: sulphites, mustard	
	<u>NEW</u>
VEGETARIAN	Spaghetto Vicidomini with red prawn,
Artichoke in double consistency with	champignon and provolone22 €
pecorino and parsley sauce13 \in	Contains: gluten, milk derivatives, shellfish
Contains: milk derivatives, eggs	
	<u>NEW</u>
<u>VEGETARIAN</u>	Bread dumplings with sausage
68° egg,	and broccoli16 €
Parmigiano Reggiano sauce, potatoes,	Contains: gluten, milk derivatives, egg
onion and prized black truffle18 €	
Contains: milk derivatives, eggs	<u>NEW</u> / <u>VEGETARIAN</u>
	Pea cream with asparagus
Torchon of foie gras with compote	and artichokes14 €
of oranges, pan brioche	
and black cherry18 €	
Contains: dairy products, eggs, gluten	
Fried cod with tzatziki sauce and red	
pepper flawoured with vinegar18 €	



Our selection of meat

The Grill



JACK'S CREEK

Select the best Wagyu and Black Angus cattle fed on Australian grains. Awarded a gold medal as the best steak in the world.



Jack's Creek WAGYU

Our exclusive flagship product of purebred Wagyu, fed 500 days only grain is intricately marbled, offering a tender and succulent taste sensation. Halal: Yes



Jack's Creek WAGYU X

400 days Grain Fed our Wagyu F1 is the union of two breeds Wagyu and Black Angus. Juicy and succulent, this beef is a truly unique eating experience. Halal: Yes



Jack's Creek BLACK ANGUS

180 Day Grain Fed With a Marble Score of up to 5+, our pure Black Angus beef is renowned for its consistently exceptional eating quality. Halal: Yes



Greater Omaha Gold Label

It is one of the best known Black Angus farms in the United States, it involves a diet based on natural pastures and a final 'refinement' with corn and cereals for at least 250 days before slaughter.



John Stone

At the heart of our business is a selection process that we believe is unsurpassed in terms of quality and consistency.



Ojo de Agua

Ojo de Agua farms are located in Patagonia and Balcarce, known as the best land in the world for raising livestock. The Argentine gauchos boast a century of experience in the selection of Black Angus and Hereford.

Steaks

Jack's Creek Wagyu X F1 Australia	30 € /hg
Jack's Creek Black Angus Australia	12€/hg
Greater Omaha Black Angus Usa	12€/hg
John Stone Angus Ireland	10 € /hg
Striploin cut obtained from the sirloin	
WAGYU Jack's Creek Australiacirca 200gr	120 €
WAGYU A5 bms10/12 Japan circa 150gr	90 €
WAGYU X F1 Jack's Creek Australia circa 300gr	100 €
Black Angus Jack's Creek Australia	50 €
Angus Ojo de Agua Argentina	28 €
Ribeye	
WAGYU X Jack's Creek Australia	100 €
Black Angus Jack's Creek Australia	50 €
Red Hereford Ireland	28 €
Fillet steak	
Fillet steak Ojo de Agua Argentina	28 €



At Mood we firmly believe that well-cooked meat is better than well-done.

This is one of the reasons why we will never serve it over a boiling lava rock.

Quality meats, cooked to their best, have no need to be reheated and will remain tender from the first to the last bite.

N. B. Book your steak cooked with the reverse searing method in advance to try a unique experience.

Second courses

THE MOST REQUESTED Iberian pig marinated in Tamari, red cabbage cumin marinated, crispy potatoes and oriental mayonnaise ALMA IBERICA selection _____25 € Contains: gluten, dairy products, eggs, soy **NEW** Roasted duck breast with porcini mushrooms and berries25 € **NEW** Irish beef stew with peas and roasted spring onion _____22 € **NEW** Cod with soft potato and papaccelle23 € Contains: fish, milk derivatives, sulphites **ITALY - CAMPANIA** Smoked pork chop **NEW** Fillet "omaggio a Rossini" Seared beef fillet with foie gras, black truffle and Madeira sauce _____50 € Our Chateaubriand ... <u>Available upon reservation</u> Obtained from the noblest part of the fillet, it is prepared with a long and delicate cooking in order to preserve all the taste and tenderness. It is served with Bernese sauce and beef jus.

Side dishes

iceberg salda, rocker	
and cherry tomatoes6	€
Baked potatoes6	€
Potato chips6	€
Escarole, capers and olives6	€
Red cabbage marinated in vinegar and cumin6	€
Baked pumpkin with herbs6	€
Chicory tips with anchovies and lemon8	€
Sauteed broccoli, garlic, oil and hot pepper	€

We will be happy to ask you what temperature you prefer the meat at: 52°C, 55°C or 60°C;

We explain why:

- 52°C Myosin denatures and begins to coagulate, the meat is succulent, with a beautiful bright colour.
- 55°C Myosin is coagulated, the meat is still moist and juicy, pale red colour.
- 60°C Myoglobin begins to transform, collagen begins to contract and water is expelled; the color is pink, medium cooking.

At Mood the meat is cooked with the reverse searing method, which consists of first cooking the meat at a temperature of 52°C and then grilling it on a surface at a very high temperature to "seal" the external part.

he reverse sear allows us to have great control over the Maillard reaction, the process that causes the surface of the meat to have a tasty and very aromatic crust due to the caramelization of the sugars.

Thanks to this cooking method you will be able to enjoy meat with a perfectly pink internal part, with homogeneous cooking and a browned, aromatic and crunchy surface.

